

Δ = Change in

Δv = change in velocity

Δt = change in time

Δh = change in height

COMPARISON of

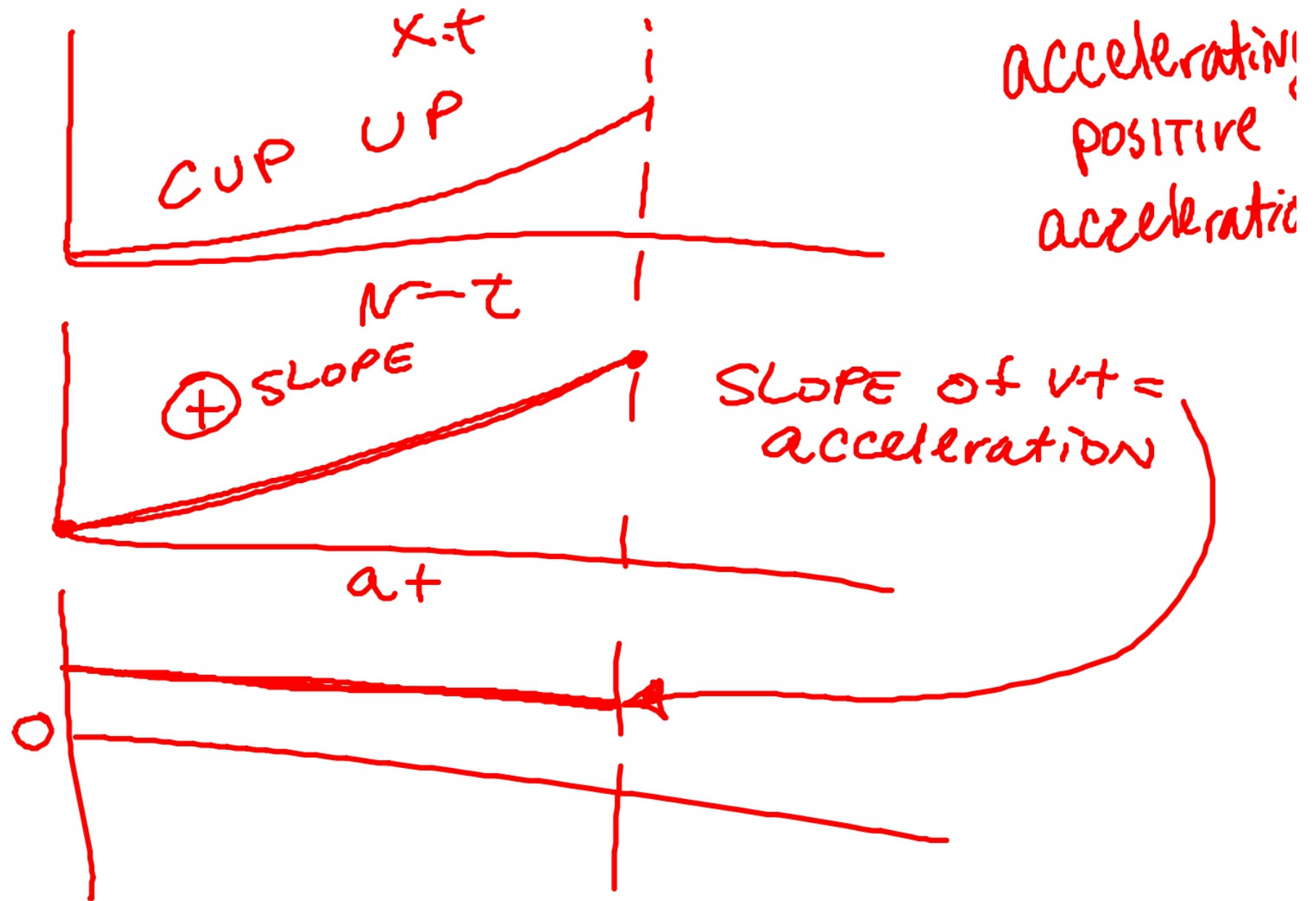
FINAL VALUE + initial
value

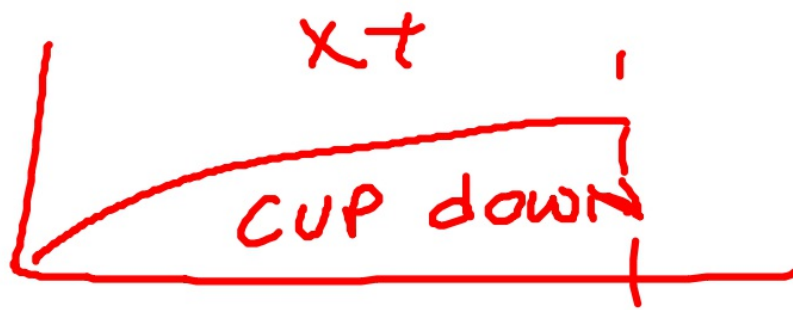
michael's Δh

$$\Delta h = \underbrace{h_f}_{\text{Height final}} - \underbrace{h_i}_{\text{height initial}}$$

$$\Delta h = 72'' - 56''$$
$$16''$$

$$\Delta \text{Weight} = (95 - 100) \text{ kg}$$
$$-5 \text{ kg}$$





deceleration
negative
acceleration



\ominus acceleration

